

Happenings

September 15, 2017

**FREE
To a
Good
Home!**

Annual Fall Festival at Keystone By Gail Marie Beckman

Well, it's that time of year again! Keystone is hosting the Annual Fall Festival on **Saturday, October 7th** from 11am to 4pm. There will be hay rides, vendor booths, food and activities inside and outside, including the all new **Gems & Junkers Car Show!** Every kind of motorcycle, car, truck, tractor – all are invited. Categories for prizes include: the **Mad Max Award** for Most Creative, the **Tow Mater Award** for the Rustiest Bucket, the **Easy Rider Award** for the Best Motorcycle, the **Marilyn Award** for the Prettiest, and the **Henry Ford Award** for the oldest vehicle. Check out more categories and entry information on page 12.

We are also excited to bring back to Sandy Valley the very talented, **Mama's Wranglers!** They performed at Keystone at our Spring Fling and are GREAT!

cont'd on page 2



Home Sweet Home

These lovely pups were missing, but are now home and happy. Several folks here in Sandy Valley went out of their way to help look for these two – even at 2am! Updates were kept through the Facebook page, **Sandy Valley Online Yard Sales**, which has proven to be a great resource for practically instant information, such as if the pass is open, if any roads are washed out, work wanted, and, of course, missing pets. Here is what Buddy and Tuff's family had to say:

"Thank you so much to the wonderful people in our Valley for all your efforts and spreading the word to bring Buddy and Tuff home. Travis Bonsor, Tara Bonsor, and I thank you all from the bottom of our hearts. We truly have some amazing people in the Valley." ~ Amy Bonsor Collins

And: *"Buddy, Tuff, Travis, Amy and myself have been so humbled by the kindness of our community."* ~ Tara Bonsor

It's great to live in an area where people come together in a moment's notice like this!

Speaking of Facebook, we have a new place to post our pictures! **Beautiful Sandy Valley** already has a wonderful array of photos, so check it out – you'll be glad you did!



Wow! One Year is Here Already? by Mark Gordon

Since one-year anniversaries are celebrated with paper, we decided to put one out for you! Yep, just checked. This is the 24th edition of *Happenings*! Gail Beckman has been putting this wonderful paper out for a whole year already, keeping us up-to-date with public events, lost pets,

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page 11

**Avocado
Hummus
Taquitos
- Page 4**

**September
Poem
- Page 2**

Custom Crossword Puzzle ~ Page 8

September a Poem by Andrea Dietrich

Slipping, slipping, sweet summer is slipping away,
Ebbing into the ocean of my memories.

Palpable is my changing mood when all too soon,
The Equinox arrives to lengthen shadows.

Enticed by cooler days and nights,

My birth month acquiesces, then brilliantly begins

Bursting forth in bright beguiling hues!

Elegies evoked in me by summer's leaving still linger in my poetry.

Resolved to all of it – at last – I turn to the revelry of fall festivities.



"Annual Fall Festival" cont'd

Mama's Wranglers are the Jackson Family Band and Cloggers out of Henderson, Nevada. They have performed in 49 states, Canada, and Europe, and on average do over 280 shows a year! The kids range in age from 15-25. They sing in four-part harmony, dance up a storm, and play a variety of instruments including guitar, banjo, fiddle and mandolin.



So, come on out and see Mama's Wranglers at 2pm for a music-filled good time! Only \$10 for adults; \$5 for kids under 13 – less than if you went to see them at the **Firelight Barn** on Water Street in Henderson.



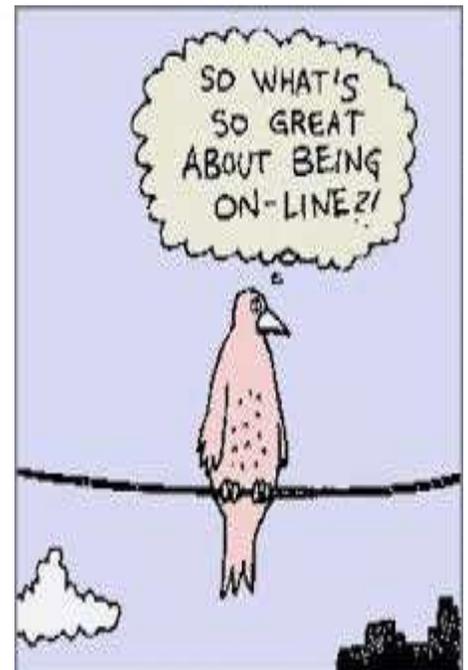
Trying to write with a broken pencil is pointless.

My idea of housework is to sweep the room with a glance.



What do you call a girl who has three boyfriends named William?

A Bill Collector.





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**“When I read
about the evils of
drinking, I gave
up reading.”**
- Henny Youngman



**“Perseverance is
stubbornness with a
purpose.”**
- John Shipp

Word of the Day
enthrall
(in-THRAWL)
verb – to hold
spellbound; charm

*Train
your
mind to
see the
good in
every
situation*



***Cupcakes
are
muffins
who
believed in
miracles.***



"Don't slice the pizza. My diet says I'm only allowed to eat one piece!"

Accidentally went shopping on an empty stomach and now I'm the proud owner of aisle 5.



Fall Vaccines for Your Horse by Kelly Hagans

This time of year we are all looking forward to cooler temperatures. As a horse owner, the best part about fall is knowing we won't have to deal with as many insect-related issues – hooray! Instead, we're starting to think about housing, nutrition, and preventive health strategies for cooler weather. One important aspect of preventing disease is the use of seasonally appropriate vaccinations. The AAEP's Vaccine guidelines are integral to designing a vaccine plan for your horse. Talking with your veterinarian will help you make decisions that are specific to your horse, based on factors such as age, geographic locations, use, transportation frequency, and previous vaccinations.

Owners need to understand the difference between core and risk-based inoculations. Core vaccines include Eastern and Western equine encephalomyelitis (EEE / WEE), West Nile virus (WNV), tetanus, and rabies, and should be administered to all horses at least annually following an initial two-to three-dose series. The initial dosing series frequency is based

Avocado Hummus Taquitos

Ingredients

2 medium avocados
8 (6-inch) flour tortillas
1 cup plain hummus
½ cup shredded pepper jack or Mexican blend cheese
2 teaspoons olive oil



Directions

Preheat oven to 400 degrees. Spray a large baking sheet with cooking spray or line with parchment paper

Cut the avocados in half, remove seeds. Scoop out avocado and slice each half into 6 pieces (for a total of 24)

Warm the tortillas in microwave for about 10 seconds to make them more pliable.

Spoon about 2 tablespoons of the hummus onto each tortilla about 1 inch from one of the edges. Spread the hummus into a 1 inch wide strip. Lay 3 avocado slices on top of the hummus. Sprinkle 1 tablespoon of cheese on top of the avocado. Tightly roll the tortilla around the filling, starting at the edge closest to the filling. Place the taquito on the baking sheet, seam side down. Repeat with the remaining ingredients, making a total of eight taquitos.

Brush the tops of the taquitos with olive oil.

Bake for 14 to 16 minutes, until the taquitos are golden brown and crisp.

Use a spoon to push in any excess. Let taquitos rest for 5 to 10 minutes before serving.

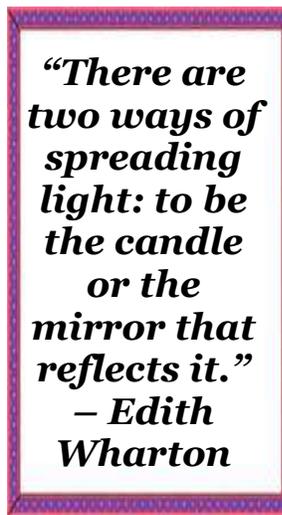


"Fall Vaccines.."cont'd

on the horse's age at the time your veterinarian administers the initial vaccine plan for your horse. Ideally, the veterinarian administers core vaccine boosters in the early months of the year (spring in the Northern Hemisphere) so horses will have mounted a robust immune response by the time exposure to the pathogen is likely to occur.

Transmission of insect-vectored diseases is linked to climate and season. This is why we want to vaccinate early in the year to allow the horse to produce antibodies that will provide protection later in the year when potential virus-carrying mosquitoes are in highest numbers. In geographic regions where mosquito populations persist well into the fall months, additional booster vaccinations against EEE/WEE and WNV are sometimes indicated in mid- to late summer. These later boosters will help the horse sustain high levels of protective immunity later in the year, helping ward off infection.

Risk-based vaccines protect against a variety of diseases. Horses that compete, travel, and are exposed to horses from other farms are at a higher risk of coming in contact with respiratory pathogens, so they would be good
cont'd on page 11



"Have you tried opening the back and emptying the pencil shavings?"

Knowledge is knowing a tomato is a fruit; wisdom is not putting it into a fruit salad.



Do You or a Loved One Suffer from Nagging Pain – Maybe from a Previous Injury or Complication?

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LEGEND



1st and 3rd Mondays at the **Senior Center** is Coffee & Donuts from 8-10:30am



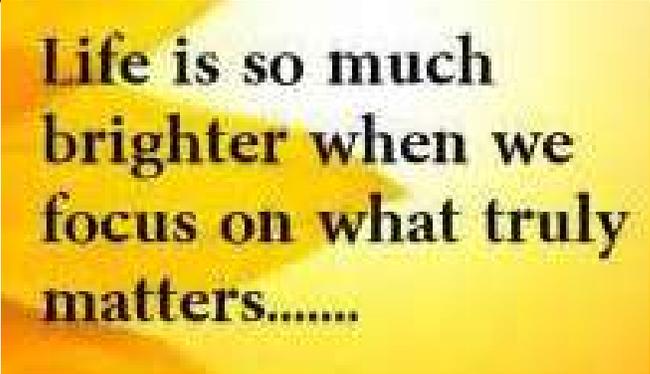
Every Monday at **Keystone** is FREE yoga and qigong at 9:30am



Every Monday at **Peace Park** Food Share gives out food at 12:30pm



September

Sun	Mon	Tue
17	18  	19
24	25  	26
1	2  Board Meeting Senior Center - 11am  	3 American Legion Mtg at Keystone - 6:30pm
8	9  	10 SMVDA at Community Ctr - 6:30pm Citizen's Advisory Council at Community Ctr - 7:30pm
15 Veterinarian Clinic at Keystone - 1-5pm Play Date at BJC Arena - 6pm		

/October



Three Square
Food Dely at
Peace Park
- 7:30am



Wed	Thu	Fri	Sat
<p>The most three important words you can say to yourself: YES, I CAN.</p>			
		15	16
<p>20 </p>	<p>21  Third Thursday Potluck & Movies at Keystone - 6pm</p>	22	<p>23 Swap Meet & Chili Cookoff at Idle Spurs Tavern – all day</p>
27	<p>28 Valley Electric's Community BBQ at Peace Park 4-7pm</p>	29	<p>30 Food Share at Peace Park 8-10 am</p>
<p>4 </p>	5	<p>6 General Meeting & Potluck at Senior Center - 1pm </p>	<p>7 Annual Fall Festival at Keystone 11am to 4pm</p>
11	12	13	<p>14 KEF Board Mtg at Keystone - 9am</p>



SAVE the DATE for Valley Electric Association's Annual Community BBQ at Peace Park on Thursday, September 28th from 4pm to 7pm.

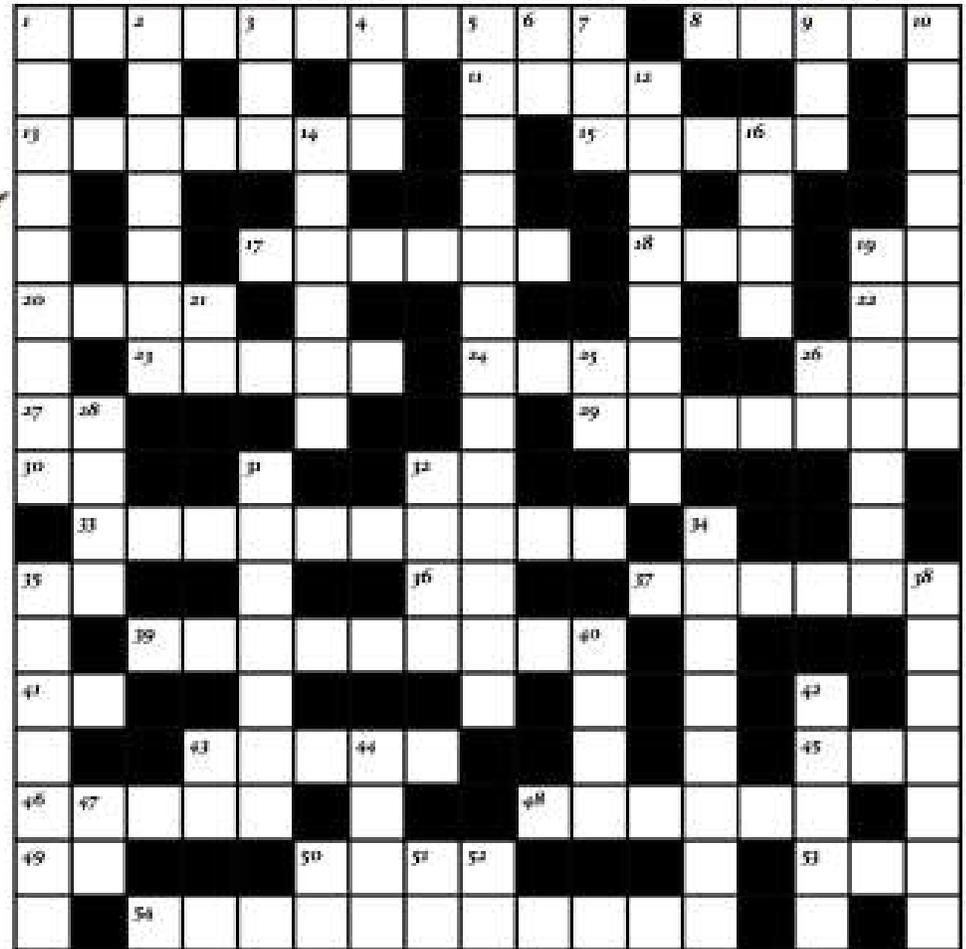
NV Energy customs are welcome as well!

Humana Promotes a Healthy Brain

A Custom Crossword by Gail Marie Beckman ~ (702)869-6416

ACROSS

1. Make new social _____
8. _____ things down
11. Peruse, as a variety of books
13. Did you know beans help to stabilize _____?
15. (see 38 down)
17. Whole _____ promote healthy blood flow
18. Something to lend
19. Cooling syst.
20. Pay attention to, as a garden
22. IX minus III
23. Create a _____ of purpose
24. Hearty enjoyment; gusto
26. Particular terminal (abbr)
27. Abbreviation for contenders
29. Meditate; appreciate _____
30. Apiece (abbr)
32. More than eight hrs.
33. Practice memory ____ - _____
35. Myself
36. Short for company
37. Wild _____ is rich in Omega-3, which is essential for brain function
39. Find new activities that provide a _____ to your brain
41. Popular CA city
43. Return things to their proper _____



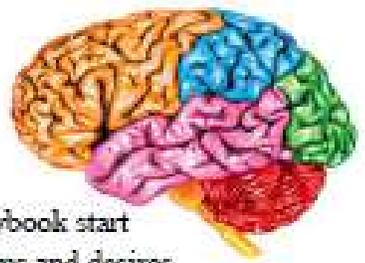
45. Cousins of avenues (abbr)
46. Take a language _____
48. You can alleviate the chances of having a _____
49. Already there
50. _____ yourself to have more fun
53. Quaint hotel
54. This super fruit improves learning capacity and motor skills



DOWN

1. New activities help to stimulate your _____ skills
2. Impulse-conducting cells
3. Of the self
4. Golf peg

5. Join motivational _____
6. Symbol for neon
7. Special Air Service, shortened
9. Learn the _____ and outs of optimal living
10. Regular _____, as you expect, also promotes brain health
12. Alzheimer's and _____ are not inevitable
14. Lower your _____ by reducing the demands you put on yourself
16. _____ chocolate has antioxidants
19. Also known as an alligator pear, this promotes healthy blood flow
21. Doctor of Engineering, for short
25. Short for Super Sport
26. Part number, shortened
28. Free from danger
31. Try to notice visual _____



32. Storybook start
34. Dreams and desires
35. Learn a new _____ instrument
38. (with 15 across) Eating _____ gives you Vitamin E, which means less cognitive decline
40. Way out
42. As said about many things, " _____ or lose it"
43. Initials at the end of a letter
44. Join a gardening group or car _____
47. Short for light or lieutenant
50. Physical education, shortened
51. NW opposite
52. Time increment (abbr)

Pathways Therapy & Wellness Center offers **Community Services:**



- Substance Abuse Groups for Adults
- Substance Abuse Groups for Teenagers
- Marriage / Couples Therapy
- Individual Therapy
- Parenting
- Family Therapy
- Education / Career Counseling
- Life Coaching
- Stress Management
- Mental / Emotional Health
- Children
- Life After Retirement
- Chronic Illness / Medical Issues



Pathways offers therapy in your community! We are here to help individuals, families, couples, teenagers, and children. Your sessions are confidential. We accept Medicaid.



Call (702)363-7284 or (702)203-5383

Services are Located in a Confidential Office at Keystone Center, 115 North Miami, Sandy Valley

Community

Churches

Sandy Valley Community Church
(702)723-1653

Sandy Valley Baptist Church
(702)723-5115

St. Catherine of Siena Holy
Catholic Church (702)858-3792

The Church of Jesus Christ
of Latter Day Saints
(702)723-1135



**Brandon Ray
Cormier**

of Sandy Valley
graduated basic
training from
Fort Leonard
Wood, Missouri
Army Base on
August 31st, 2017.

Brandon will
remain at Fort Leonard Wood for
further training.

Congratulations

from your family and the Sandy
Valley Community!



***"The more I see, the less
I know for sure."
- John Lennon***

LAND FOR SALE

Property at 2395 Jade Avenue, Sandy Valley, Nevada



3.65 acres with well, septic, power
2 parcels together for ONLY:

\$109,000

Agent: James Egloff, Jr.
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original miles. Looks new. Runs great. New
fuel pump, extra ECM, reverse gear, backrest,
good tires. \$6000. 630-915-4310.
Sandy Valley Sky Ranch airport



Happenings is dedicated to providing fun, interesting,
entertaining, and positive information for those living in and
around Sandy Valley, Nevada and beyond. Feel free to submit short
stories, poems, photos, ideas, and jokes to: **Happenings Media**, 777
East Quartz Avenue, 7006, Sandy Valley, Nevada, 89019
happeningsmedia@gmail.com
Editor: **Gail Marie Beckman** at (702)869-6416

"Fall Vaccines.."cont'd

candidates for risk-based vaccines.

Veterinarians generally administer fall vaccines in September to early October. In horses that have been vaccinated previously, these protocols typically include a booster vaccination with EIV (equine influenza) and EHV-1/4 (rhinopneumonitis).

Collectively, they are designed to stimulate a specific immune response that will help prevent disease if a horse has viral exposure during the subsequent four to six months. Again, consider all factors that keep horses healthy, such as proper nutrition, other preventive care strategies, and excellent bio-security. Implementing a multipronged approach such as this can help prevent infectious diseases.

Horses might need additional risk-based vaccines in the fall months, depending on location and activities, which is why it is always important to work with your veterinarian to determine optimal vaccine protocol. They know you and your horse's routine and are best suited to provide accurate information on what products to use.



"Wow! One Year.."cont'd

and things for sale in Beautiful, Downtown Sandy Valley.

We have seen new types of events coming through and adding to our happy community, such as the remote control sailplane pilots, Mamas Wranglers performance at the Spring Fling, Puppet Shows and Magic from Las Vegas, just to name a few things we've covered. We have seen friends come and go, saying goodbye from a grateful community to those who have passed and those who have moved away. You shall be missed for the comfort and wonderful times we all shared.

We've seen friends retire, receive prestigious awards, celebrate some birthdays and anniversaries.. We have seen some amazing pictures from our local Photophiles.. There have been marvelous articles by doctors and experts helping us and our animals to stay healthy. And, don't forget those fun and original crossword and word search puzzles!

So, overall it has been an amazing year from start to finish, and as we embark on new and wondrous adventures here in Sandy Valley and Goodsprings, we want to hear from you and yours. And a huge Thank You goes out to our advertisers and those who support them! (Let them know you saw it here!)

And, an appreciation statue wouldn't show enough for Gail's 27 years in the Custom Crossword business she created.. So, when you're out and about watching a world spring to life or winding down for the year, make it better then you found it.

Love, your neighborhood *Happenings*.

Happenings – September 15, 2017 **Page 11**

**"Dreams and dedication are a powerful combination."
– William Longgood**



**I'm sorry.
Did I just roll
my eyes
out loud?**

Keystone Presents the
Annual Fall Festival!

Saturday, October 7th

From 11am to 4pm



featuring:

**Hay Rides ~ Farmer's Market ~
Vendor Booths ~ Games for the Kids**

FREE ADMISSION!



Introducing the

Gems & Junkers Car Show

see vehicles from all over Las Vegas and surrounding areas

Prize Categories:

**Mad Max Award – Most Creative; Gremlin Award – Least Attractive;
Marilyn Award – Prettiest; Tow Mater Award – Rustiest Bucket
Easy Rider Award – Best of 1-, 2- or 3-Wheelers; Henry Ford Award
– Oldest Vehicle; Napoleon Dynamite Award – Judge's Choice
and the James Dean Award – Coolest Overall**

\$5 Entry Fee Per Vehicle Per Category ~ 10 Cents a Vote

... and the return of
Mama's Wranglers
at 2pm

**Inside Keystone Center
\$10 adults / \$5 kids under 13**



**Vendor Booths: \$25 – Inside and Outside / Non-Profit Vendors: \$10 / Outdoor
Space available on the day of event**

Fundraiser for KEF, 115 North Miami Street, Sandy Valley, NV ~ (702)869-6416